



## WELLNESS PRODUCTS



Ayukalp Elements is born out of the theory of Panchamahabhuta (Five elements of Universe), any imbalance occurring to one or more elements in the body would lead to the disease pertaining to the particular element /elements. Ayukalp Elements vertical products are meticulously formulated to harmonize these elements within the body. By harnessing the potency of nature, these wellness solutions are designed to bolster physical and mental health, prevent illness, and cultivate overall equilibrium.

Ayukalp Elements vertical presents wellness products in two categories, one is Avaleh (Herbal Jam-Chyawanprash & Almozest ) and single herb tablets for maintaining health.

### SINGLE HERB PRODUCTS

#### Heart Health: Arjuna Tablet



Arjuna (*Terminalia arjuna*) is an amazing heart tonic & cardiogenic herb. Arjuna contains a host of bioactive compounds like cardenolide, tannins, flavonoids, triterpenoid saponins, ellagic acid, and gallic acid which provides amazing healing properties.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Arjuna 500 mg

SKU: 120 Tablets



#### Immunity Booster: Amlaki Tablet

Amlaki (*Emblica officinalis*) is an Indian gooseberry, in sanskrit means 'the sustainer', and it is traditionally used to provide nourishment to all of the body's tissues. The fruit contains high amount of ascorbic acid.

Contents: Each tablet contains aqueous extract (Ghan) of Amlaki 500mg

SKU: 120 Tablets

#### Anxiety & Stress Management: Brahmi Tablet



Brahmi (*Bacopa monnieri*) is a plant that has been used for centuries in traditional Ayurvedic medicine for increasing body's resistance to stress. Research suggests that Brahmi helps reduce stress & anxiety by reducing levels of cortisol and elevates mood. Main phytochemical constituent in brahmi is Bacoside.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Brahmi 500mg

SKU: 120 Tablets



#### Hair Tonic: Bhringraj Tablet

Bhringraj(*Eclipta Alba*) is known as "King of Hair" .It's been in use in Ayurveda medicine for hair health. It contains B-sitosterol which is responsible for hair health.

Contents: Each tablet contains aqueous extract (Ghan) of Bhringraj 500mg

SKU: 120 Tablets



### Memory Booster: Gotu Kola Tablet

Gotu kola (*Centella asiatica*) is an herb has a long history of use in the Ayurvedic medicine systems. Helps improve memory and recall. Helps reduce aging related memory problems. Improves blood circulation and reduce swelling in people with poor blood circulation in the legs.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Gotu Kola 500 mg

SKU: 120 Tablets



### Skin Health: Manjista Tablet

Manjista (*Rubia cordifolia*) also known as Indian madder, which is known for red pigment. Since vedic period, the herb is been used as rejuvenating with its detoxifying effect.

Contents: Each tablet contains aqueous extract (Ghan) of Manjista 500 mg

SKU: 120 Tablets



### Renal And Urinary Health: Punarnava Tablet

Punarnava (*Boerhavia diffusa*) literally means “bring back life” or “renewer” and widely used herb in the treatment of renal & urinary disorders.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Punarnava 500 mg

SKU: 120 Tablets



### Joint & Cartilage Health: Sallaki Tablet

Sallaki (*Boswellia serrata*) is also known as Indian frankincense has been used to manage pain associated with osteoarthritis, rheumatoid arthritis (RA), rheumatism, bursitis, & tendonitis. The principal constituents, boswellic acid &  $\alpha$ - &  $\beta$ -boswellic acid, come from the resin.

Contents: Each tablet contains aqueous extract (Ghan) of Sallaki 500 mg

SKU: 120 Tablets



### Women's Health: Shatavari Tablet

Shatavari (*Asparagus racemosus*) known as “Queen of Herbs”. Shatavari literally means “who possesses a hundred husbands or acceptable to many” implying its ability to increase fertility and vitality. It is considered both a general tonic & a female reproductive tonic.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Shatavari 500 mg

SKU: 120 Tablets



### Colon Cleanser: Triphala Tablet

Triphala (Sanskrit; tri = three & phala = fruits) is a well-recognized & valued polyherbal medicine consisting of dried fruits of the three plant fruits of Amalaki (Indian gooseberry-*Embilca officinalis*), Haritaki (Chebulic myrobalan- *Terminalia chebula*), and Vibhitaki (*Terminalia bellerica*), has been used in traditional medicine in India for over 1000 years.

Contents: Each tablet contains aqueous extract (Ghan) of Triphala 500 mg

SKU: 120 Tablets



### Weight Management: Vrikshamla Tablet

Vrikshamla (*Garcinia cambogia*), is an herb that has been used for centuries for its health benefits especially for weight management & regulation of metabolism. The active constituent in the fruit rind is Hydroxycitric acid (HCA), which appears to block an enzyme called citrate lyase, which your body uses to make fat. It also raises levels of the brain chemical serotonin, which may make you feel less hungry.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Vrikshamla 500 mg

SKU: 120 Tablets



### Detoxifier: Haritaki Tablet

Haritaki (*Terminalia Chebula*) is one of a vital ingredients of Triphala in Ayurveda. Haritaki has antioxidant & carminative properties and support healthy digestion. The colon cleansing properties of Haritaki churn may remove toxins from your body to offer cleansing effects.

Contents: Each Tablet Contains Aqueous Extract (Ghan) of Haritaki 500 mg

SKU: 120 Tablets